

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5	6 BC DAY Holiday Morning Mass 9:00AM	7	8 Arbutus Mass 10:30am	9 Immaculate Heart Circle 10-12noon (PH)	10 Crofton Manor Mass 10:30am	11 Legion of Mary 8:45am (PH) Cantonese Mass 4:00pm 廣東話彌撒 4:00pm
12	13	14	15 Arbutus Mass 10:30am	16	17 Crofton Manor Mass 10:30am Knights of Columbus General Meeting 7:30pm (PH)	18 Legion of Mary 8:45am (PH) Baptism 1PM Wong Cantonese Mass 4:00pm 廣東話彌撒 4:00pm
19 Baptism 11AM Mesana + parish hall	20	21	22 Arbutus Mass 10:30am	23 Immaculate Heart Circle 10-12noon (PH)	24 Crofton Manor Mass 10:30am	25 Legion of Mary 8:45am (PH) Cantonese Mass 4:00pm 廣東話彌撒 4:00pm
26	27	28	29 Arbutus Mass 10:30am	30	31 Crofton Manor Mass 10:30am	
			1 Arbutus Mass 10:30am	2 FLL Evening Recollection in Cantonese 6:30 pm	3 Crofton Manor Mass 10:30am First Friday Devotions Benediction at 6:30pm 7:00pm Mass Knights of Columbus Executive Meeting 7:30pm	4 Legion of Mary 8:45am (PH) Baptism 11AM 1) Liray/J 2) Cavazzoni/M + parish hall Cantonese Mass 4:00pm 廣東話彌撒 4:00pm



August 12, 2018

Nineteenth Sunday in Ordinary Time
August 12, 2018

Pastor

Fr. Anthony Ho 何庭耀神父
fatheranthonyho@gmail.com

Emergency sick call only:
604-729-7638

In Residence

Fr. Nick Meisl

Administrative Assistant

Melita Soriano

Parish Office Hours

Mon-Fri 8:30AM-4PM

Weekend Masses

廣東話主日提前彌撒: 星期

六 下午四時

Sat 4 PM (Cantonese),
5:30 PM

Sun 9 AM, 11 AM, 6 PM

Weekday Masses

Mon-Sat 8 AM

Public Holidays 9 AM

Confession

20 minutes before all
weekend Masses and
15 minutes before all
weekday Masses

Morning Prayer

Mon-Sat 7:30 AM

Adoration

Fri 8:30-9:30 AM

1st Fri 8:30 AM-6:30 PM

Holy Rosary

Mon-Sat after morning Mass

Divine Mercy Chaplet

10 minutes before all weekend
Masses

Visit to the Sick

Please call Parish Office or
Emergency number
604-729-7638

Baptisms

by appointment

Marriages

at least 6 months notice

August 12, 2018 - Nineteenth Sunday in Ordinary Time

“Get up and eat, else the journey will be too long for you!” 1 KINGS 19:7

Jesus knows that our stewardship journey will be difficult; we are not designed to do it on our own. Fortunately, Jesus gave us the greatest gift of all – the gift of the Eucharist; His own body and blood. When we join our sacrifices with the sacrifice of the Mass, we find the strength and courage to be His joyful disciples.

MASS INTENTIONS FOR THE WEEK

Aug 11 Saturday, St. Claire (W).....Paddy Buckley (AM) +
Manuel & Lydia Ty (PM) INT

Aug 12 19th Sunday in Ordinary Time (G).....Stanley P. K. Tsang +

Aug 13 Monday, St. Pontian (R).....Arden Leung +

Aug 14 Tuesday, St. Cajetan (W).....Luis D. Lim +

Aug 15 Wednesday, Assumption of the Blessed Mary (W)...Maria Fung +

Aug 16 Thursday, St. Stephen of Hungary (W)...Kristian Domingo +

Aug 17 Friday, Ferial (G).....C.B. Lee +

Aug 18 Saturday, Our Lady (W).....Pietro Bolongaro (AM) INT
Fr. Anthony Ho (PM) INT


WELCOME TO NEW PARISHIONERS AND VISITORS: If you would like to become a member of the St. John the Apostle Parish Community, please complete a Parish Registration Form (located by the bulletin board near the main door of the Church) and introduce yourself to the priests. Envelopes are assigned to those who request for them. Please pick them up at the church vestibule or at the Parish Office.

THE IMPORTANCE OF PARISH REGISTRATION AND USE OF PARISH SUNDAY ENVELOPES: Some Church goers are requesting from the parish Letters of Good Standing or Reference Letters as part of Baptism and/or Confirmation Sponsor documents or for other religious certifications or wanting their children enter a Catholic Elementary or Secondary School. The only official and ordinary way to obtain them is to register in the parish and the regular use of envelopes so that when the time comes, it will be based on official records. This is to avoid unnecessary frustrations and misunderstandings when one claims that he/she attends Mass but does not use envelopes. Thank you for your cooperation and understanding.

Please Pray for the Sick

Joan Archer, Maria Amelia Dias, George Murray, Monika & Adrian Poiron, Lisa Marie & Shanto Mark, Bernadette Percy, Elizabeth Schwertfeger, May Wong, Claire Harrison, Margaret Wong, Ruby Ko, Mane Galbraith, Fr. Peter Chiang, Margaret Frizell, Guaik Tanjuaquio, Mark Siy, Maravilla Melchor, Edwin & Suzanne Pearson, Ann Monahan, Peggy Gunn, Margaret Redmond, Barbara Jurencyzyk, Megan Maddock, Joseph & Resela Wong-Sing, Shirley Sullivan, Joseph Correa Duro

Please do not read bulletin during Holy Mass! Thank you!



Adults Catechism Classes: (RCIA) starting mid-September

English: Wednesday 7:00 pm
Mandarin: Wednesday 6:00 pm
Cantonese: Saturday 2:30 pm

廣東話道理班: 星期六下午二時半
 普通話道理班: 星期三晚上六時



PROJECT ADVANCE 2018
Total Pledges received \$109,659.80

Project Advance 2018 continues in our parish. To date, we have received 157 pledges, **\$109,659.80**. Thank you to all the parishioners and friends of our parish who have donated to our Project Advance. If you have not yet made a contribution, you can drop your pledge/donation at the parish office or donate online by visiting <https://rcav.thankyou4caring.org/Project Advance>.

May God bless you abundantly and reward you for being a good steward.

PLEASE DRESS MODESTLY 衣着端莊上聖堂

Cap
T-Shirt
Blouse with Sleeves
Sleeveless, plunging necklines
Sleeveless Shirt
Polo / Collared Shirt
Knee-length Dress or backless tops
Shorts
Pants
Knee-length Skirt or Pants

● PROPER
● IMPROPER

HELLO SUMMER!

Let us continue to keep one another in our prayers during this summer season

New Initiatives for St. John the Apostle Parish

- Chaplet of Divine Mercy** 10 minutes before all weekend Masses. Please come early to church before Mass to prepare oneself spiritually for Mass and Holy Communion and to meditate on the Passion of Christ. Let's pray together for the gift of conversion and the for the work of evangelization at our parish.
- New website: **SJAPARISH.CA** with the on-line platform of **SJA.FORMED.ORG**.

FORMED is the revolutionary digital platform that gives unprecedented access to video-based study programs, feature films, audio presentations, and eBooks from the Church's foremost presenters. 300+ episodes of video-based study programs, 35+ feature films and movies, 45+ audio presentations, 25+ eBooks Available in English and Spanish!

The access code of **SJA.FORMED.ORG** for our parishioners is: **TWNH4F**

SJAPARISH.CA

PREP 2018-2019
 Please do not forget to pick up **PREP registration form** at the church vestibule

PREP starts September 11, 2018

Mass of Remembrance

Join us for our monthly Mass of Remembrance as we pray for our family members who have passed away this month. Masses are on Sunday, **Aug. 26**, at 12:30 pm and 2:30 pm in our Evangelist Chapel, at Gardens of Gethsemani.

Pilgrimage of Our Lady of Namacpacan in Vancouver

The eight-foot image of Our Lady of Namacpacan from Luna, La Union, Philippines, one of the canonically crowned images of St. Mary's patron saint, will be staying inside St. Mary's Parish, Vancouver, until **Aug. 30**. Activities during the pilgrimage include a welcoming Mass, celebrated by Archbishop Miller, and dinner, novena, and a Thanksgiving Mass and Banquet. For more details, visit: rcav.org/event/pilgrimage-of-our-lady-of-namacpacan-in-vancouver.

Please do not read bulletin during Holy Mass! Thank you!

The Deeper Meaning of Receiving at the Altar Rail
 By: Susanna Spencer (Published at National Catholic Register)

Over the years I have heard many theological explanations of the purpose of the altar rail. The main one is that it is a remnant of when a screen divided the sanctuary and the priest's offering of Holy Mass from the rest of the people who sat in the main body of the church. He offers the Mass on the behalf of the people, acting as an intermediary between heaven and earth. When we receive Communion at the altar rail on the edge of the sanctuary, the priest brings Heaven to us on Earth, and it is a beautiful, humbling experience to kneel, wait, and receive Our Lord.

I was recently given another theological explanation of the action of receiving Holy Communion at the altar rail while studying the New Saint Joseph Baltimore Catechism with my daughter. And it blew my mind for about a week. We were in Lesson 28 on Holy Communion, directly following the lesson on the Sacrifice of the Mass, when I paused at this sentence: "At Holy Communion, when we go up to the Banquet Table (the altar rail), Our Lord comes to us." I had always thought of the Banquet Table as the main altar where the priest makes present Christ's sacrifice. It had never occurred to me that the altar rail was something more than a divider from the sanctuary, but that it is actually an extension of the altar—the people's altar. It is the place where we bring our own sacrifices as we wait to be united in communion with Our Lord and with each other, the Church.

The altar is the place of sacrifice in the Church, and as Christians we are all called to participate in that sacrifice. When we bring our personal offerings to God in the Mass, we are bringing them to the suffering Christ on the cross.

The Council of Trent taught this:

In this divine sacrifice that is celebrated in the Mass, the same Christ who offered himself once in a bloody manner on the altar of the Cross is contained and is offered in an unbloody manner. [...] For, the victim is one and the same; the same now offers himself through the ministry of priests who then offered himself on the Cross; only the manner of offering is different. (DS 1743, Council of Trent, Session 22, Ch. 2)

Christ offers himself through the priest, and we are the very witnesses of this sacrifice when we assist at the Sacrifice of the Mass. And Christ desires us to bring ourselves closer to him and to actively participate in the Sacrifice of the Mass by making an interior offering of our acts of reparation, our daily struggles, and our prayers for others. We can make our prayers at the Offertory and during the Eucharistic prayer, but also when we present ourselves for Communion. Therefore, going up to the altar rail and receiving our sacrificed Lord at the people's altar is the appropriate and beautiful consummation of our own individual offerings united with that of Christ on the Cross.

Trent teaches us that Christ takes our offerings and our sorrow for our sins and in return gives us mercy and grace: Therefore, the holy council teaches that this sacrifice is truly propitiatory, so that, if we draw near to God with an upright heart and true faith, with fear and reverence, with sorrow and repentance, through it "we may receive mercy and find grace to help in time of need" [Heb 4:16] (DS 1743, Council of Trent, Session 22, Ch. 2)

The more reverently we approach his presence in the Sacrament, the more fully we participate through the exterior act of kneeling before the extension of the altar and the interior act of offering ourselves to him, the greater the graces we receive will be.

But that is not all. In Colossians St. Paul talks about his own sacrifices in this way:

Now I rejoice in my sufferings for your sake, and in my flesh I complete what is lacking in Christ's afflictions for the sake of his body, that is, the church. (Col 1:24)

Our participation in the Sacrifice of the Mass, our own offerings are important for the salvation of our fellow Christians. We are called to join our sufferings with Christ's, to complete the sacrifice. The altar rail is a beautiful symbol of this offering. I have a friend who goes up to and kisses the altar rail whenever he is in a church with one. He makes his offering at the people's altar.

The use of the altar rail is coming back; priests are putting back ones that were taken down, parishes are using ones still intact at some Masses, and some churches never stopped using the altar rail. The truth about it is that the altar rail is meant to be an extension of the altar of sacrifice for the laity to kneel before, to consummate the sacrifice. We cannot receive at the main altar as priests do, but we can receive at the altar of the laity, the altar rail. It helps us to remember that Mass is a sacrifice, that Christ's one sacrifice is made present at every single Mass. The altar rail is a reminder for us that we can unite all of our sufferings, joys, and sacrifices with Christ for the sake of the Church and the whole world. And if it is our altar, maybe we should be asking to have it back.

We should, therefore, be quite wrong were we to separate such acts of piety as our communions and our adoration from the act of the sacrifice; let us accustom ourselves to keep this connection practically in mind by communicating with the priest during holy Mass, and by considering our Lord present in the tabernacle as the saving Victim. (Dom Gaspar Lefebvre, O.S.B., Saint Andrew Daily Missal, Liturgical Worship)