



December 06, 2020

Pastor

Fr. Anthony Ho 何庭耀神父
fatheranthonyho@gmail.com

Emergency sick call only:
604-729-7638

In Residence

Fr. Nick Meisl

Office Administrator

Melita Soriano

Parish Office Hours

Mon-Fri 8:30AM-4PM

Weekend Masses

廣東話主日提前彌撒:

星期六 下午四時

Sat 4 PM (Cantonese),
6:00 PM

Sun 9 AM, 11 AM, 6 PM

Weekday Masses

Mon-Sat 8 AM

Public Holidays 9 AM

Confession

20 minutes before all
weekend Masses and

15 minutes before all
weekday Masses

Morning Prayer

Mon-Sat 7:30 AM

Adoration

Fri 8:30-9:30 AM

1st Fri 8:30-9:45AM

Holy Rosary

Mon-Sat after morning Mass

Divine Mercy Chaplet

10 minutes before all weekend
Masses

Visit to the Sick

Please call Parish Office or
Emergency number
604-729-7638

Baptisms

by appointment

Marriages

at least 6 months notice

Even in the midst of a pandemic, Jesus deeply desires to be reunited with you through the Sacrament of Reconciliation. Archbishop Miller has set aside **Saturday, December 12** as an Archdiocesan Day of Mercy during which our parish will safely offer Confession **from 10 am to 2 pm in the parish basement.**

Other local confession times can be found at rcav.org/christmas.

Parishioners are encouraged to watch live streaming of Holy Mass at home on Saturday at 4 pm (Cantonese Mass) and 6 pm (English Mass). Recording of the Mass can be watched on Sunday.

Youtube Channel:

<https://bit.ly/SJAParishVancouver>

Eucharist manifests love of Sacred Heart

The Fifth Luminous Mystery of the Holy Rosary is The Institution of the Eucharist.

St. Josemaria Escriva wrote this meditation: "When our Lord instituted the Eucharist during the Last Supper, night had already fallen. The world had fallen into darkness, for the old rites, the old signs of God's infinite mercy to mankind, were going to be brought to fulfillment. The way was opening to a new dawn—the new Passover. The Eucharist was instituted during that night, preparing in advance for the morning of the resurrection."

Venerable Fulton J. Sheen wrote, "Why did Our Blessed Lord use bread and wine as the elements of this Memorial? First of all, because no two substances in nature better symbolize unity than bread and wine. As bread is made from a multiplicity of grains of wheat, and wine is made from a multiplicity of grapes, so the many who believe are one in Christ. Second, no two substances in nature have to suffer more to become what they are than bread and wine. Wheat has to pass through the rigors of winter, be ground beneath the Calvary of a mill, and then subjected to purging fire before it can become bread. Grapes in their turn must be subjected to the Gethsemane of a wine press and have their life crushed from them to become wine. Thus do they symbolize the Passion and Sufferings of Christ, and the condition of Salvation, for Our Lord said unless we die to ourselves we cannot live in Him. A third reason is that there are no two substances in nature which have more traditionally nourished man than bread and wine. In bringing these elements to the altar, men are equivalently bringing themselves. When bread and wine are taken or consumed, they are changed into man's body and blood. But when He took bread and wine, He changed them into Himself."

During the Last Supper, "one of his disciples, whom Jesus loved, was lying close to the breast of Jesus" (John 13:23). This beloved disciple, St. John the Apostle, was connected to devotion to the Sacred Heart in the history of private revelations.

Once on the feast of St. John the Apostle (December 27), Our Lord appeared with St. John to St. Gertrude (1256-1302). St. John invited Gertrude to repose on the bosom of the Lord.

Gertrude asked: "Well-beloved of the Lord, did these harmonious beatings which rejoice my soul also rejoice you when you did repose during the Last Supper on the bosom of the Savior?"

St. John answered: "Yes, I heard them, and my soul was penetrated with their sweetness even to its very center."

Gertrude then asked: "Why, then, has you spoken so little in your Gospel of the loving secrets of the Heart of Jesus?"

St. John explained: "My mission was to write of the Eternal Word . . . but the language of the blissful pulsations of the Sacred Heart is reserved for latter times, that the time-worn world, grown cold in the love of God, may be warmed up by hearing of such mysteries."

Four centuries later, on the same Feast of St. John the Apostle in 1673, Our Lord appeared to St. Margaret Mary Alacoque (1647-1690), and revealed to her His Sacred Heart. Our Lord made her repose for a long time upon His Sacred Breast. He said, "My Divine Heart is so inflamed with love for men, and for you in particular that, being unable any longer to contain within itself the flames of its burning Charity, It must needs spread them abroad by your means, and manifest itself to them in order to enrich them with the precious graces of sanctification and salvation necessary to withdraw them from the abyss of perdition. I have chosen you as an abyss of unworthiness and ignorance for the accomplishment of this great design, in order that everything may be done by Me."

"Having loved his own who were in the world, he loved them to the end." (John 13:1)

Eucharistic Heart of Jesus, have mercy on us!