



December 20, 2020

Pastor

Fr. Anthony Ho 何庭耀神父
fatheranthonyho@gmail.com

Emergency sick call only:
604-729-7638

In Residence

Fr. Nick Meisl

Office Administrator

Melita Soriano

Parish Office Hours

Mon-Fri 8:30AM-4PM

Weekend Masses

廣東話主日提前彌撒:

星期六 下午四時

Sat 4 PM (Cantonese),
6:00 PM

Sun 9 AM, 11 AM, 6 PM

Weekday Masses

Mon-Sat 8 AM

Public Holidays 9 AM

Confession

20 minutes before all weekend Masses and 15 minutes before all weekday Masses

Morning Prayer

Mon-Sat 7:30 AM

Adoration

Fri 8:30-9:30 AM
1st Fri 8:30-9:45AM

Holy Rosary

Mon-Sat after morning Mass

Divine Mercy Chaplet

10 minutes before all weekend Masses

Visit to the Sick

Please call Parish Office or Emergency number 604-729-7638

Baptisms

by appointment

Marriages

at least 6 months notice

My dear parishioners:

It is painful that due to the public health orders, Mass with a public congregation is now being suspended in the Archdiocese of Vancouver until at least January 8. Let us pray and pray insistently for an end to the plague.

Live-streaming of Mass

The live-streaming of Mass will continue with the regular schedule: Saturday at 4:00 p.m. (in Cantonese) and 6 p.m. (in English). Try to take advantage of this opportunity to be in communion with the rest of the parishioners, to be nurtured by the Word of God, and to join in prayer for ourselves and for humanity. Please watch the live-streaming of Mass at our YouTube Channel: <https://bit.ly/SJAParishVancouver>

Holy Communion on Sunday

An additional live-streaming of Mass every Sunday at 10:00 a.m. (in English), followed by Holy Communion in the church from 11:15 a.m. to 11:45 a.m. Those who want to receive Holy Communion on Sunday are invited to prepare themselves at home by participating in the live-streaming of Mass at 10 a.m. Our Archbishop gave the following guidelines for distributing Holy Communion in the church after participating in a live-streamed Mass:

- a few at a time
- sign in for the purpose of contact tracing
- sanitize their hands
- receive Holy Communion
- exit through another door, without remaining in the church

A prayer sheet for thanksgiving after Holy Communion will be available at the end of the Communion rail. After Holy Communion, please exit the church through one of the backdoors, and make your thanksgiving in the car.

Private Prayer and Confession

During these days the church and grotto will remain open Monday to Friday from 8 a.m. to 7 p.m., Saturday from 8 a.m. to 3 p.m., and Sunday from 12 noon to 7 p.m. so that you may come in and spend some time in prayer before the Blessed Sacrament. The church will be closed on Saturday evening and Sunday morning because of live-streaming.

Confessions are being heard on Saturday from 11 a.m. to 12 noon in the church basement. Confession can also be scheduled by appointment. Please contact me at fatheranthonyho@gmail.com

Christmas and New Year Schedule

Here is the schedule of our live-streaming of Mass on Christmas and New Year (Solemnity of Mary, Mother of God):

- December 24 at 6 p.m. (in English)
- December 24 at 8 p.m. (in Cantonese)
- December 25 at 10 a.m. (in English), followed by Holy Communion in the church (11:15 a.m. to 11:45 a.m.)
- December 31 at 4 p.m. (in Cantonese)
- December 31 at 6 p.m. (in English)
- January 1 at 10 a.m. (in English), followed by Holy Communion in the church (11:15 a.m. to 11:45 a.m.)

Please visit our parish website <https://sjaparish.ca/> for information regarding our online activities and for the latest updates. Let's continue to be united in prayers during this challenging time, and hopefully, we can worship together in-person soon. I wish you a blessed Advent and Christmas season.

In Christ,

Father Anthony Ho
Pastor

Christ atoned for sins of impurity

The Second Sorrowful Mystery is the Scourging at the Pillar.

Venerable Fulton J. Sheen pointed out that Pilate inflicted the punishment of scourging in the hope of moving the crowd to pity. He wrote, "Pilate had made three attempts thus far to free Our Lord; one by declaring Him innocent, another by releasing a prisoner at the Passover, and the final one by scourging... But Pilate was wrong in thinking that the drawing of blood would calm their passions and melt them to pity. Such compromises in the face of justice rarely achieve their ends.... Our Lord looked forward to giving His life as a ransom for sin; He had described Himself as having a baptism wherewith He was to be baptized. John gave Him the baptism of water, but the Roman soldiers now gave Him His baptism of blood."

A mystic, Blessed Anne Catherine Emmerich, wrote, "Several times during the scourging I saw weeping angels around Jesus and, during the whole of that bitter, ignominious punishment that fell upon Him like a shower of hail, I heard Him offering His prayer to His Father for the sins of mankind."

In 1935, St. Faustina had a mystical experience concerning the Mystery of the Scourging. She wrote, "When I came for adoration, an inner recollection took hold of me immediately, and I saw the Lord Jesus tied to a pillar, stripped of His clothes, and the scourging began immediately. I saw four men who took turns at striking the Lord with scourges. My heart almost stopped at the sight of these tortures. The Lord said to me, I suffer even greater pain than that which you see. And Jesus gave me to know for what sins He subjected Himself to the scourging: these are sins of impurity. Oh, how dreadful was Jesus' moral suffering during the scourging! Then Jesus said to me, Look and see the human race in its present condition. In an instant, I saw horrible things: the executioners left Jesus, and other people started scourging Him; they seized the scourges and struck the Lord mercilessly. These were priests, religious men and women, and high dignitaries of the Church, which surprised me greatly. There were lay people of all ages and walks of life. All vented their malice on the innocent Jesus. Seeing this, my heart fell as if into a mortal agony. And while the executioners had been scourging Him, Jesus had been silent and looking into the distance; but when those other souls I mentioned scourged Him, Jesus closed His eyes, and a soft but most painful moan escaped from His Heart. And Jesus gave me to know in detail the gravity of the malice of these ungrateful souls: You see, this is a torture greater than My death."

Jacinta of Fatima said, "More souls go to hell because of the sins of the flesh than for any other reason." No doubt sins of the flesh are too common in our society today. A priest who wrote a booklet on overcoming sins of the flesh some years ago proposed five important steps:

- There must be a strong, persevering desire to overcome the sin. This desire can be fostered by meditating on the seriousness of one mortal sin and on the eternity of heaven and hell.
- All unnecessary occasions of sin (e.g., deliberate daydreams, obscene books or websites) must be given up.
- Wrong attitudes toward life (e.g., self-pity, habits of sloth) and toward others (e.g., envy, feelings of social inferiority) must be carefully analyzed and corrected.
- A positive program of spiritual activities must be undertaken. Frequent confession, frequent reception of Holy Communion, and personal devotion to Our Lady are powerful means to foster chastity.
- Use natural means (e.g., physical exercises, mental or artistic hobbies, reasonable social activity) as auxiliaries to the indispensable spiritual means.

St. Josemaria Escrivá wrote, "You and I are unable to speak. —Words are not needed. —Look at Him, look at Him... slowly. After this... can you ever fear penance?"

